



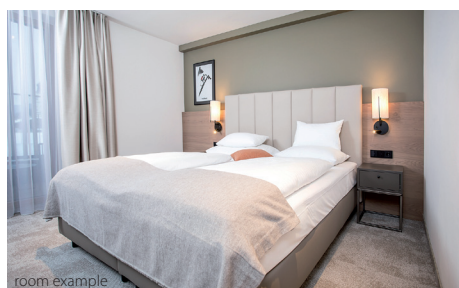
Tirol Dance & More 01. - 07. Sept. 2024

Move your body and have fun...

TIROL DANCE & MORE WEEK 01. - 07. Sept. 2024 in the Kitzbühler Alpen

In 2024 we looking forward to this year's autumn edition: Our successful Dance & More Weekin Tyrol.

With the HOHE SALVE SPORTRESORT we have found the perfect location for our new event week in Tyrol. Holistic well-being is the sum of many happy circumstances that come together in the Hohe Salve Sportresort. The 4-star hotel is located in Hopfgarten in the beautiful Brixen Valley in the middle of the Kitzbühel Alps. Together with the large number of international top presenters and experts, you will experience a large selection over 5 days with numerous and varied, highly professional courses such as aerobics, step, pilates, yoga, functional training, Latino, back fit, fascia training, toning and much more. Not only experienced people, but also beginners will find their perfect sport here.



room example

Look forward to new and inspiring ones Choreographies of our top presenter team, which will carry you away and inspire you!

For our event week we use the outdoor areas and rooms of the Sport Resort Hohe Salve. Let's sleep like God in France. Only in Tyrol. With the most modern standards, great attention to detail and excellent beds, the hotel offers the ideal conditions for an unforgettable week in the mountains. You are spot on and will wake up in the morning with a panoramic view.



In addition to exercise and regeneration, nutrition and enjoyment are an important part of our sports week. So it goes without saying that only high-quality, seasonal products from the region are freshly prepared for you. The hotel attaches great importance to the quality of the food - for culinary delights that also delight body and soul.

The hotel restaurant starts the day with breakfast at 7 a.m. – until 10 a.m. for late sleepers. The 5-course evening menu as part of the energy half-board is served from 6.30 p.m. to 9 p.m. and once during the event week the hotel will spoil you with a themed buffet.



Event organizer:

Willst-Du-weg Touristik & Pure Emotion 5-day highly professional course program (Monday-Friday) with daily master classes and workshops at several locations





www.pure-emotion.de
www.willst-du-weg.de



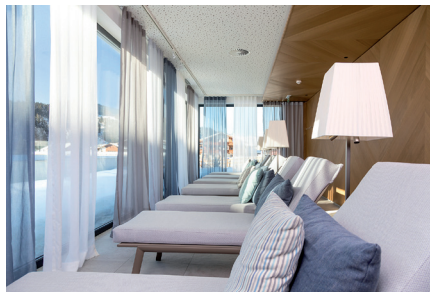
Willst-Du-weg.de



In addition to our varied course program, the hotel has an excellent fitness & wellness area. True to the motto Move & Relax, the hotel attaches great importance to regeneration. In addition to massages, treatments and baths, the hotel offers you various saunas and relaxation areas. To cool down after sweating you can go to the small natural pond or to the pool heated to 30 °C.



The fitness area is equipped with the best training equipment based on the latest scientific findings: Spinning bikes, ergometers, Queenex Multifunctional Area, weight bench... In addition, there is a 25 m sports pool with a pleasant temperature of 25 °C. and 3 lanes as ideal conditions for active swimming and courses.



YOUR PREMIUM PAKET

- 6 days hotel stay in the Hohe Salve Sportresort
- Additional days / weeks can be booked directly on request
- Accommodation in high-quality equipped double, Single or triple room
- Half double rooms bookable on request
- Meals with breakfast, varied evening buffets and theme evenings as part of the energy half board
- Lunchtime sports buffet can be booked.
- free drinks, bars and fruit during the courses
- 5 days of dance & fitness classes
- Admission to the 1400m² Move & Relax area
- WLAN throughout the house
- Shore excursions can be booked locally

A subsequent booking of the event on site is not possible!
The detailed timetable and the presenter line-up you can find online!

Prices and booking available at
www.willst-du-weg.de

Buchungshotline:
0 21 51 - 65 44 860



Mario Schmidt



Alexis Daudin



Paul Uhlir



Katharina Herbert



Michaela Süßbauer



Daniele Matteotti



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